



Co-funded by the
Erasmus+ Programme
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REBOUND
Fostering Resilience in Rural Communities

Understanding, fostering and reflecting on Rural Community Resilience

Presentation of national reports and case studies

Focus and context of REBOUND

Rural Community Resilience



Regional level: NUTS 3 (2010)
Source: ESPON ESCAPE, 2020
Origin of data: Eurostat, ESPON database, Nordregio 2020
© UMS RIATE for administrative boundaries



© Shane Rounce

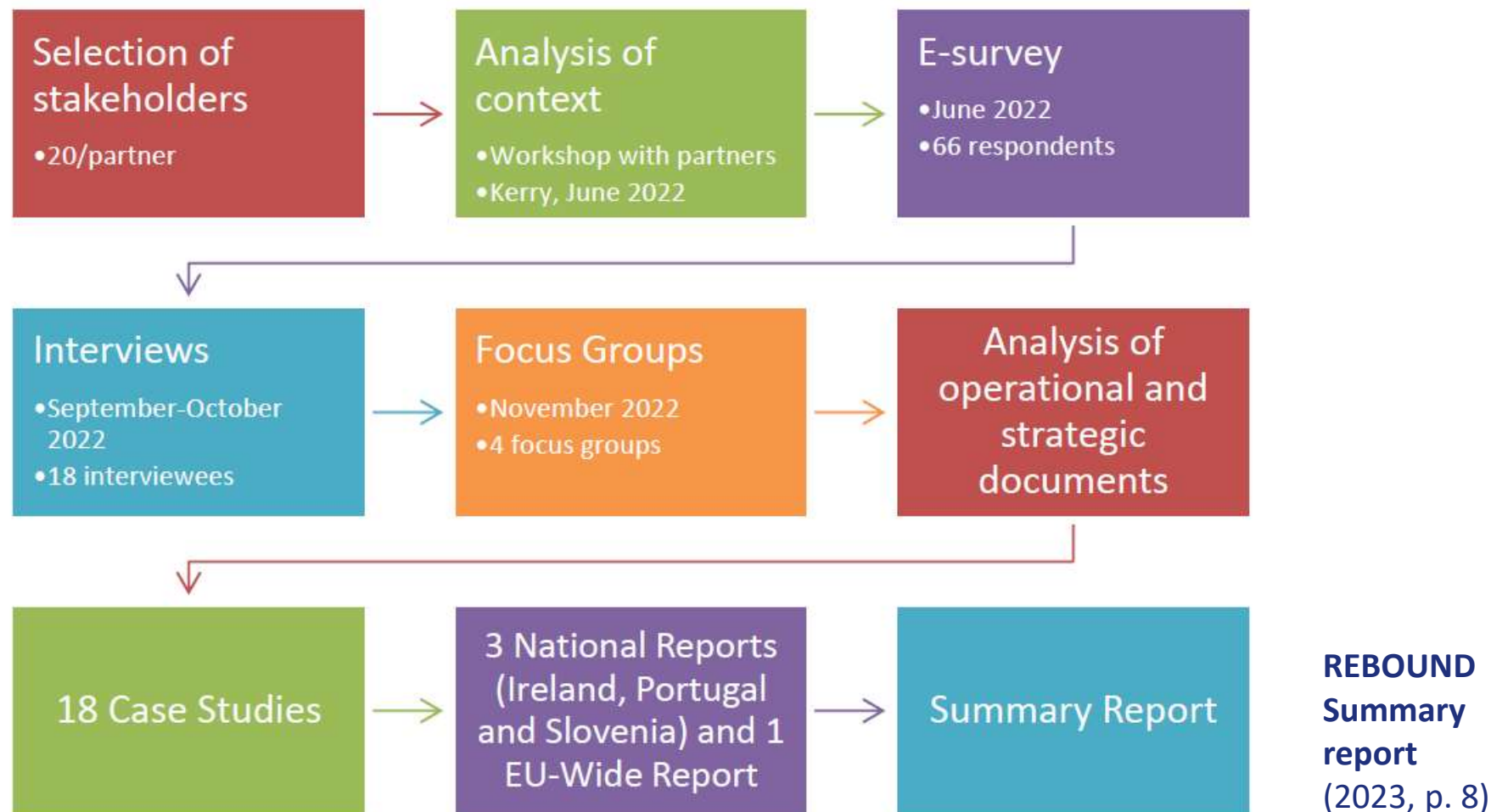
Sources: unsplash.com,
2018



Johnstone, M. (2015)

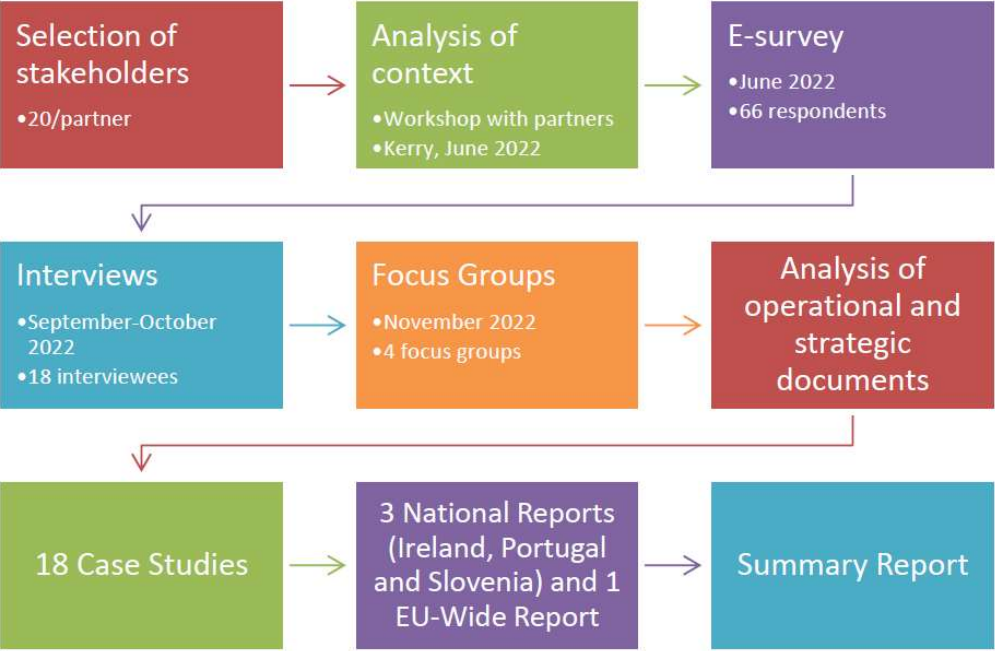
Workflow of REBOUND Research

Figure 1: Workflow of REBOUND Research output 1.

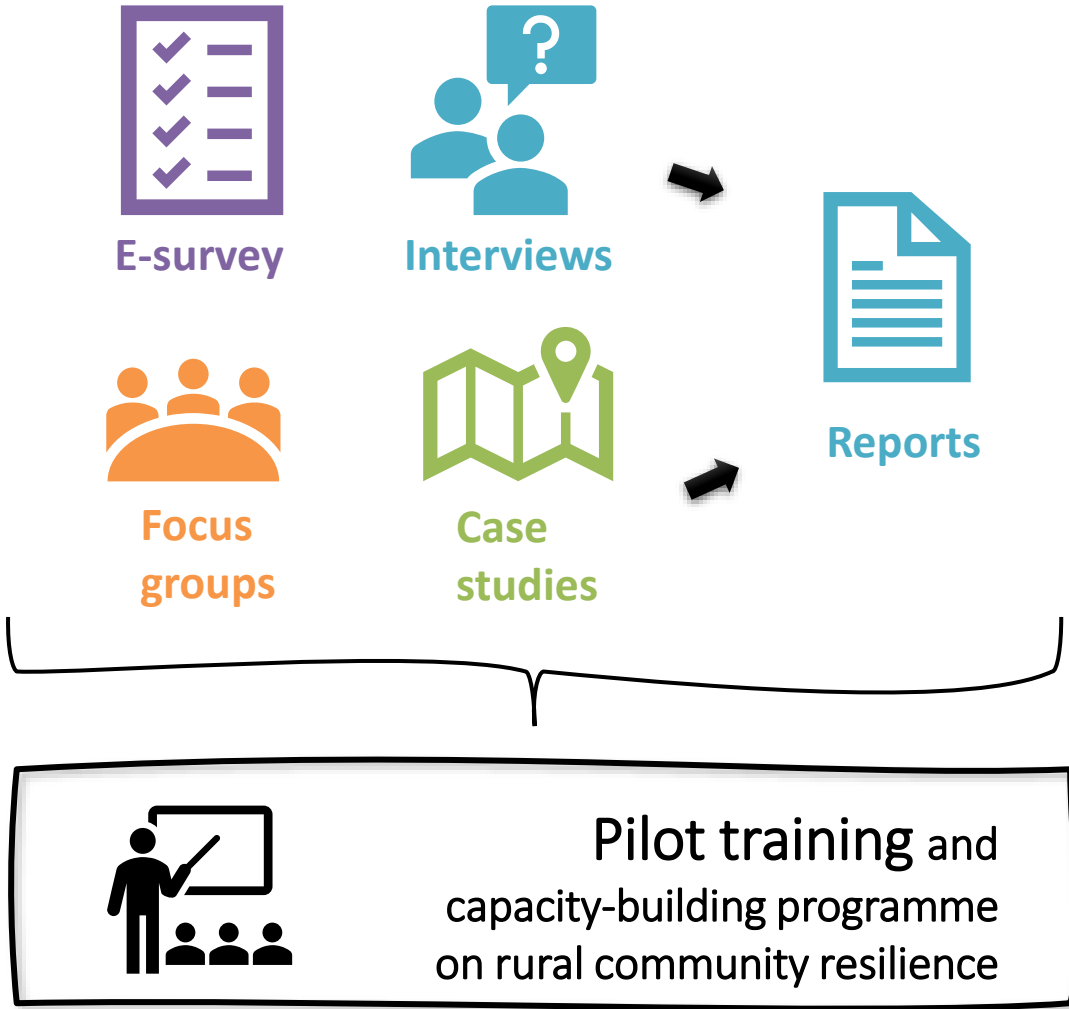


Preparing the pilot training

Figure 1: Workflow of REBOUND Research output 1.



REBOUND Summary report (2023, p. 8)



Understanding/defining resilience

What does resilience mean in the context of rural communities and their sustainable development?



Instructions

Go to
www.menti.com

Enter the code

8499 9001



Or use QR code

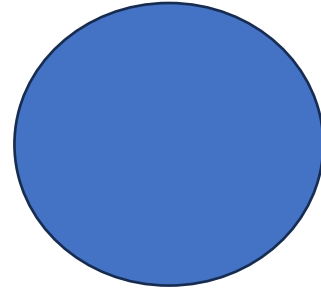
Or just **click on** the mentimeter **link** provided **in** the MS Teams **chat**



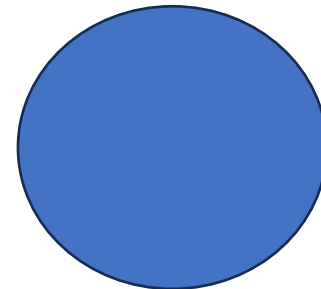
E-survey Interviews

Stakeholder's understanding

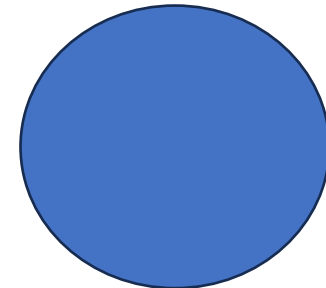
- Community capacity to **cope, withstand and resist**



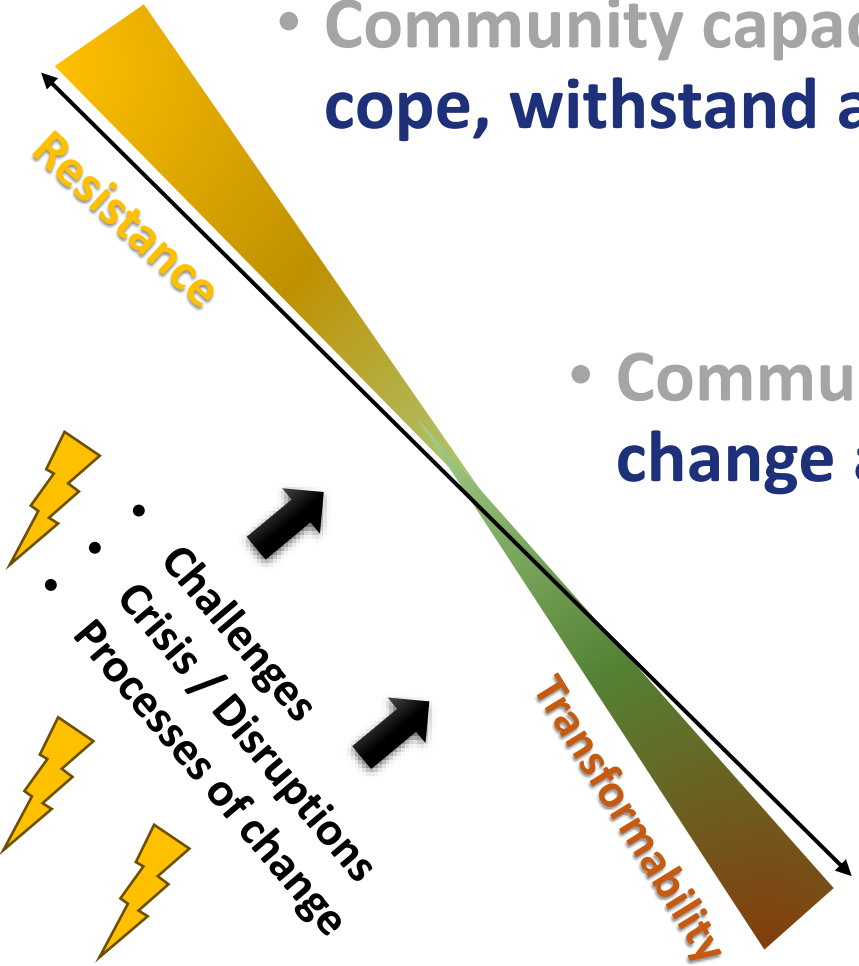
- Community capacity to **change and to adapt**



- Community capacity to **shape and enable change**

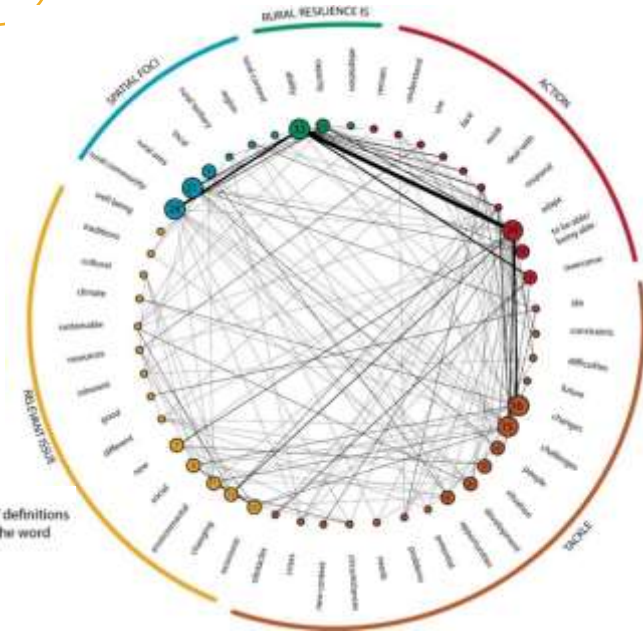


Also ...
academic Vs **practical** meaning
broad Vs **specific** meaning





Project's understanding



REBOUND Summary report (2023, p. 16)

REBOUND'S working definition on rural community resilience:

“The capacity of a rural community or territory to utilise equilibrium or evolutionary approaches in order to respond to sudden socio-economic or environmental shocks and continuously adapt to the multiple processes of change affecting them whilst strengthening their essential functions and structures, ensuring good governance, as well as maintaining a satisfactory quality of life and well-being for its inhabitants and rural territory, as resilient communities are generally well networked / cooperative.”

1. It's a capacity! ... you can become more capable = increase/enhance the resilience of your community.
2. Resilience has multiple meanings and nuances = you will (soon) understand them all!
3. Reacting, adapting and transforming = depending on the challenge and context!
4. Governance = steering towards more resilience in rural community involves multiple stakeholders
5. It's about maintaining/improving quality of life and well-being in challenging times
6. It's about “you” and “me”, but especially about “us” ... about networks, cooperation, collective power ...

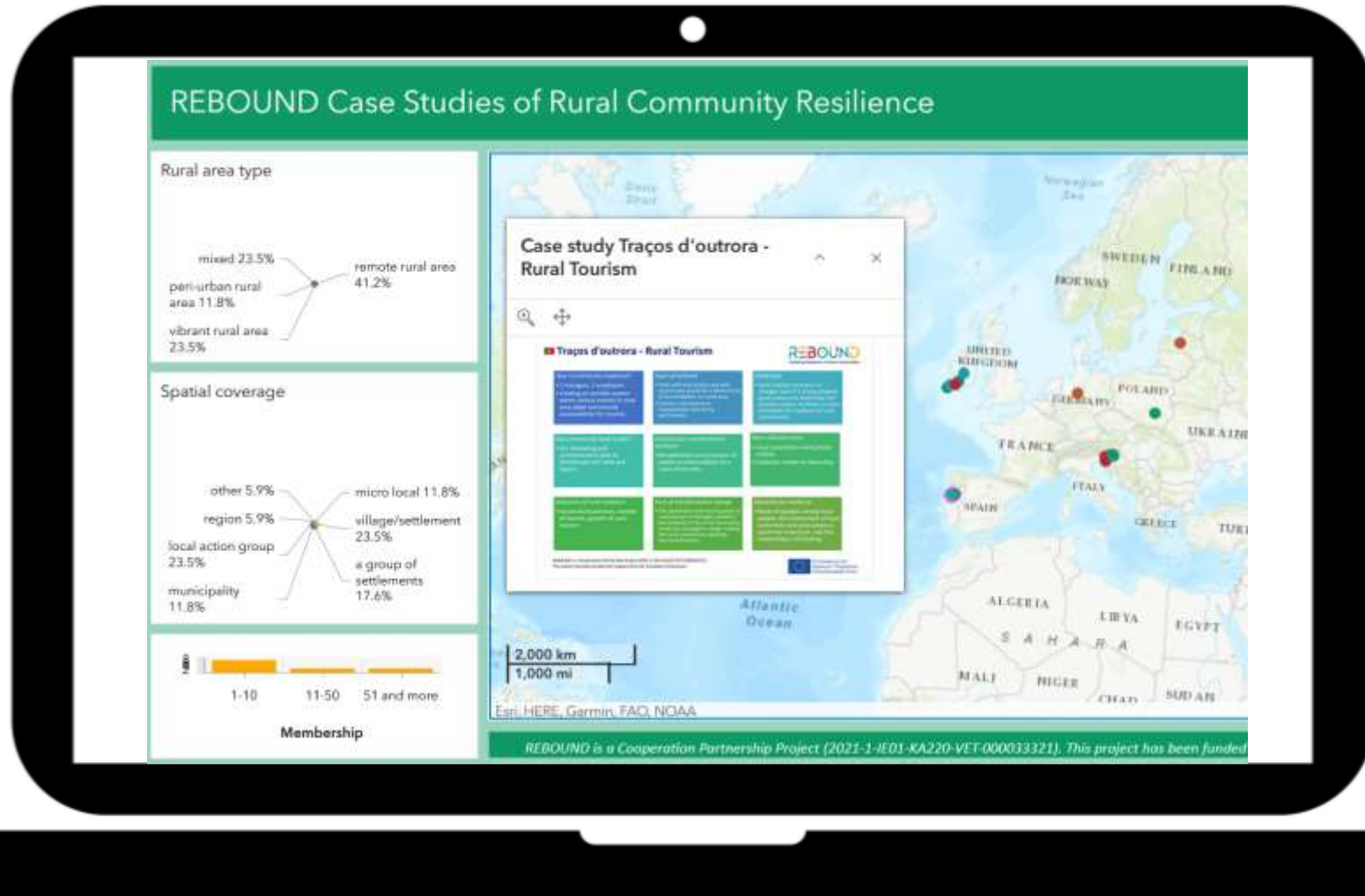


Focus groups



Case studies

Practical understanding



Access the case study viewer here

LINK: <https://uni-lj.maps.arcgis.com/apps/dashboard/3462127a4745438a878bb3ebdcb4418>



Focus groups



Case studies

Practical understanding

The **circular wood economy** in the Loško Pogorje LEADER LAG called “Lesni feniks”

- ✓ Use/enoble wood residues and waste for new urban wooden elements/furnishing, raise awareness with experiential approaches and develop woodworker’s curricula
- ✓ Cross-sectoral collaboration (municipality, company, cooperative and education)



Recovering from depopulation by restoring and rejuvenating villages in Vale de Cambra

- ✓ Promoting community entrepreneurship (Traços d'Outroira – Turismo Rural and the Trebilhadouro Association) and strengthening local identity by training



Promoting an evidence-based and inclusive approach to place-making

- ✓ Milltown Community and Chamber Alliance harnessed uncontrolled growth by commissioning community profiling and coordinating intensive citizen participation



Steering and fostering resilience

What factors influence
rural community
resilience and how can
they be managed?



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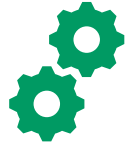


E-survey



Report

Fostering resilience in practice

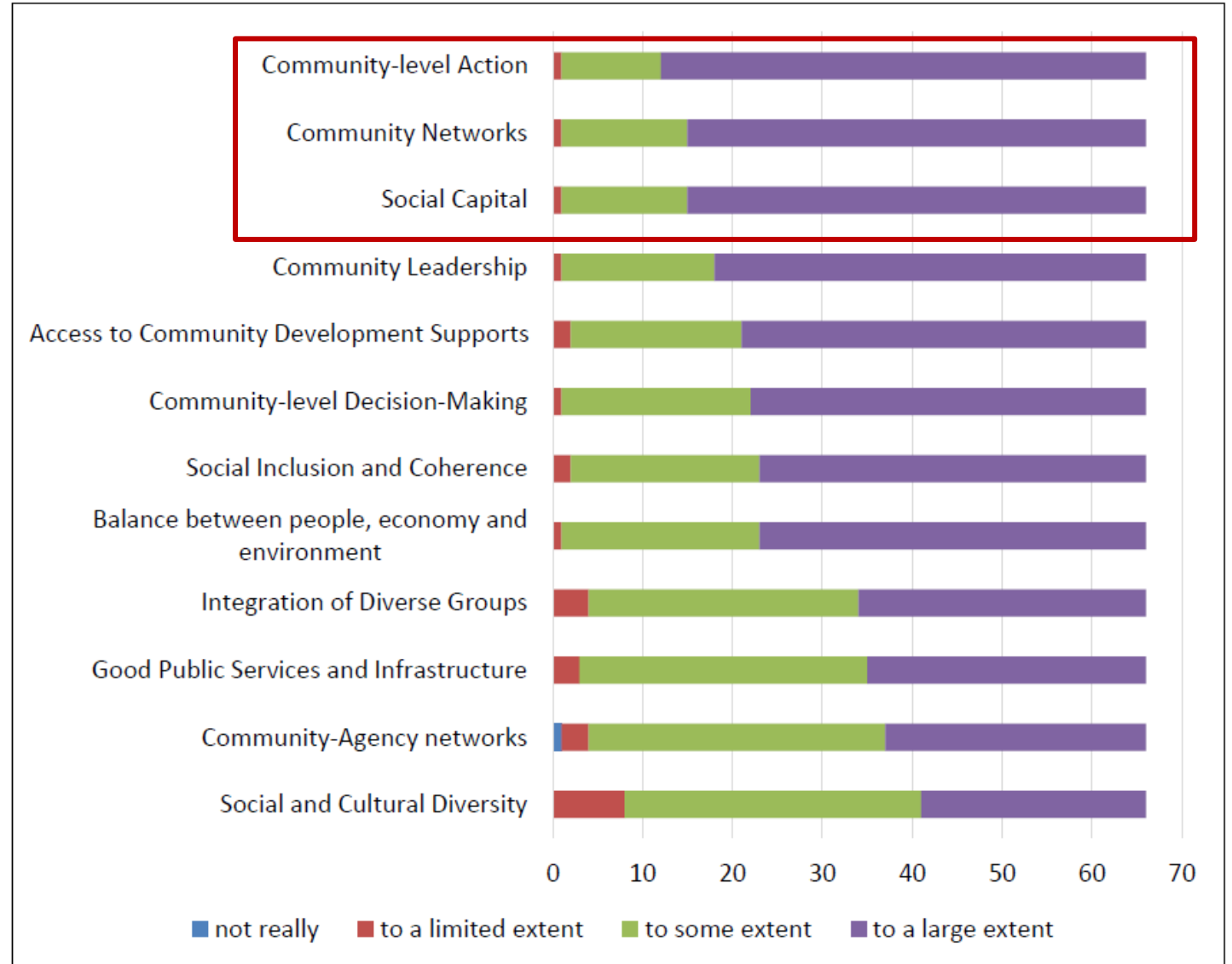


Factors enabling rural community resilience

*The survey results, at EU level, highlighted resilience is **often related to the achievement of a higher degree of independence or preparedness, as well as to a higher level of awareness, engagement, and self-organising of citizens in collective affairs and community spirit.***

The case studies, survey, interviews and focus groups have also clearly shown the importance of an enabling environment and policy milieu as a key factor of rural resilience.

REBOUND Summary report (2023, p. 7)



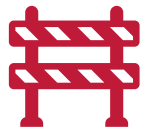


E-survey



Report

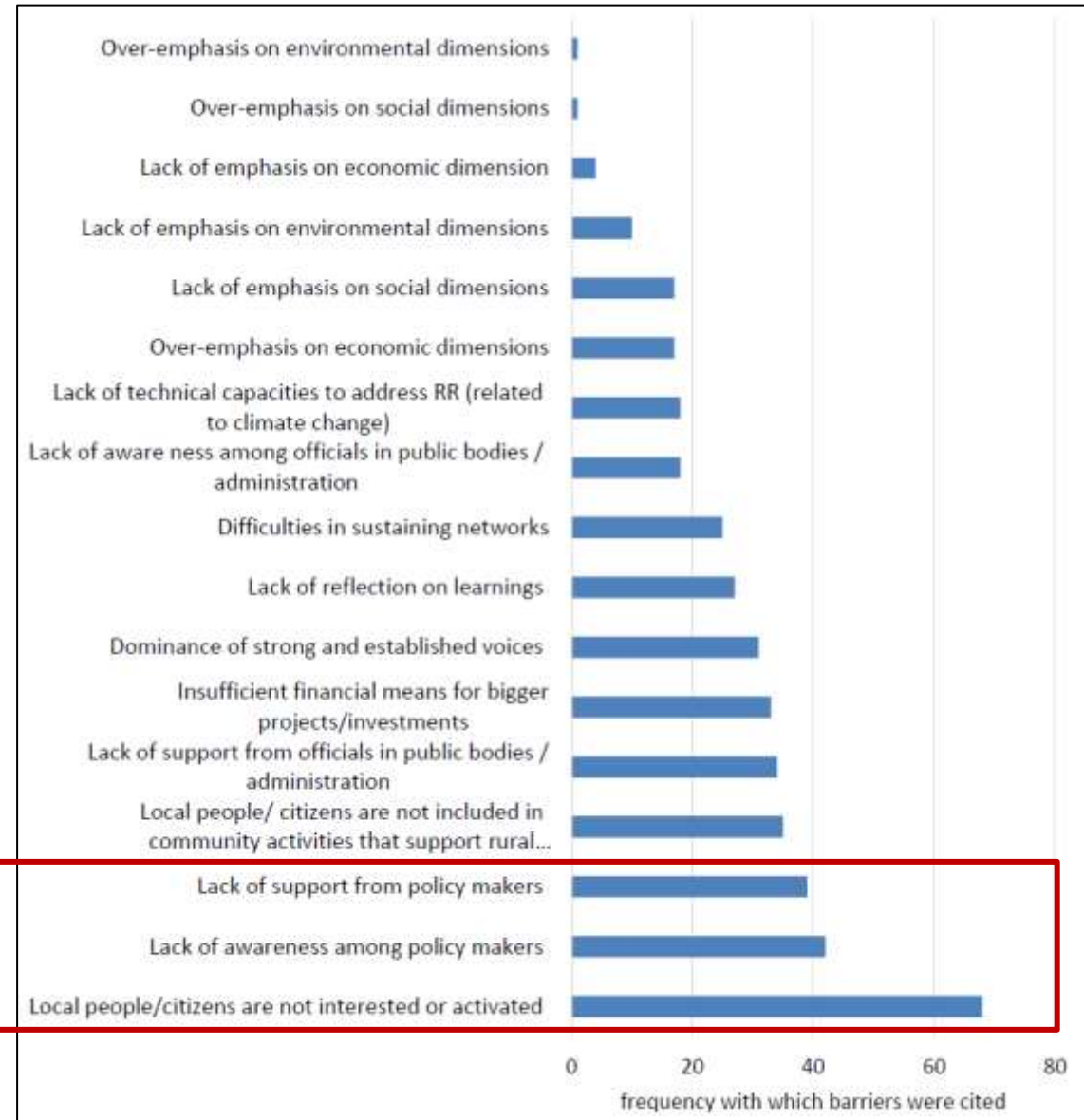
Fostering resilience in practice



Barriers hindering rural community resilience

Respondents are clear on the need for an emphasis on the community – on local voices, people and on supporting local actions and participation. They recommend fostering a policy milieu that is supportive of endogenous / community-led rural development. A clear consensus among respondents exists about the civic nature of promoting rural community resilience.

REBOUND Summary report (2023, p. 26)



Reflecting upon the pilot training

What reflections did the pilot training on rural community resilience unleash among participants?



Quellen: Symbole und Icons mit der
freundlichen Unterstützung von
www.freepik.com

Reflecting upon the pilot training

REGARDING THE PILOT TRAINING ITSELF:

- ✓ A multinational (7 nationalities) and diverse (age/experience/background) group
- ✓ Able to avoid an ex-cathedra style with eager participation and exchange
- ✓ Reasonable mixture of theory and practice – Demanding modules enjoyed!
- ✓ Other concepts related to resilience (e.g.: social capital, agency, leadership, entrepreneurship, etc.) are also demanding and require adequate attention
- ✓ Strong focus on social and economic resilience. An ecologic perspective is still slightly missing!
- ✓ The catchy notion of „bouncing forward“ is easy to remember proxy to think about rural community resilience

Reflecting upon the pilot training

EFFECTS/IMPACT PRODUCED „ON THE GROUND“

- ✓ Participants intensified their engagement with the REBOUND partners
- ✓ Participants started reflecting more about the organisations from which they engage in rural development and how these are embedded/linked to communities
- ✓ Participants developed a more strategic perspective on rural community development, focussing less on projects/output than on long term impact
- ✓ Participants are now more focussed on strategy and good governance
- ✓ Participants noticed the strong link between people, leadership and promoting resilience in their area of focus
- ✓ Participants have recognised the importance of managing networks actively



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Fostering Resilience in Rural Communities

Visit our website

<https://ruralresilience.eu/project-results/>

or write us an email



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Alistair: aah@aeidl.eu

Project email: info@ruralresilience.eu



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REBOUND
Fostering Resilience in Rural Communities

Panel discussion

Relevance and usefulness of the concept of (Rural) Community Resilience, including comparison to urban settings

Short break

See you here again @17h CET