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Erasmus+ Programme  
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**REBOUND**  
Fostering Resilience in Rural Communities

# Certificate in Rural Resilience


Overview

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Technological University of the Shannon: Midlands Midwest



- Certificate in Rural Resilience (L7 NQF / L6 EQF – Special Purpose Award)
- Accredited in May 2023 by TUS.
- Student Recruitment June 2023
- Programme Delivery Commenced Sept 2023
- Programme Assessments Dec 2023
- Student Results due February 2024



## Fostering Resilience in Rural Communities




This inter-territorial project is supported by the EU through ERASMUS+. It pursues an action-research approach to promoting rural community resilience. Partners from Ireland, Portugal, Slovenia and the EU-wide European Association for Innovation in Local Development (AEIDL) are pooling their expertise and engaging a diverse range of stakeholders. Having undertaken research with rural communities, the project partners are now offering places in a Level 6 training and capacity-building training programme on Rural Community Resilience.

### COURSE OVERVIEW

- Award Level: Level 6 NFQ Special Purpose Award (university accredited)
- Price: Free
- Duration: One Academic Semester
- Study Mode: Part-time blended learning (recorded lectures, online tutorials and work based learning)
- Proposed Course Commencement Date: September 2023
- Delivery: One theory-based module, one practical-based module
- Working Language: English with materials in multiple languages


### WEEK-BY-WEEK COURSE CONTENT

<ul style="list-style-type: none"> <li><span style="color: red;">■</span> Week 1: Key Concepts</li> <li><span style="color: red;">■</span> Week 2: Models of Rural Resilience</li> <li><span style="color: red;">■</span> Week 3: Policy making Structures</li> <li><span style="color: red;">■</span> Week 4: EU-wide Case Studies</li> <li><span style="color: red;">■</span> Week 5: Community Animation and Place-Making</li> <li><span style="color: red;">■</span> Week 6: Facilitation Skills and Mediation</li> </ul>	<ul style="list-style-type: none"> <li><span style="color: red;">■</span> Week 7: Participation Models</li> <li><span style="color: red;">■</span> Week 8: Governance Structures - Quadruple Helix</li> <li><span style="color: red;">■</span> Week 9: Community Audits / Planning and Measurement Tools</li> <li><span style="color: red;">■</span> Week 10: Effective Communications</li> <li><span style="color: red;">■</span> Week 11: Project Management</li> <li><span style="color: red;">■</span> Week 12: Rural Resilience Special Topic - Rural Ageing</li> </ul>
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 <p><b>CAPACITY BUILDING</b></p> <p>With a variety of student backgrounds, this course aims to provide an environment for capacity building.</p>	 <p><b>RURAL DEVELOPMENT</b></p> <p>Gain a deeper understanding of Rural Community Resilience, best practices as well as tools for enhancing rural living.</p>	 <p><b>EFFECTIVE CO-CREATION</b></p> <p>Content will be focused on providing skills to assist effective co-creating with locals in rural areas.</p>
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For further information, please see our website: [www.ruralresilience.eu](http://www.ruralresilience.eu)

For further information about the program, please contact Dr. Shane O'Sullivan, [shane.osullivan@tus.ie](mailto:shane.osullivan@tus.ie)





# Programme Outcomes

- **Understand the Concept of Rural Resilience**: Students will gain a comprehensive understanding of what rural resilience is and why it is crucial for sustainable rural development. They will explore the factors that influence and enhance rural resilience, including social, economic, and environmental aspects.
- **Identify and Analyse Challenges**: Students will learn to identify key challenges faced by rural communities and analyse their root causes. This includes understanding the effects of climate change, economic instability, and social disparities on rural resilience.
- **Develop Solutions and Strategies**: Through case studies and real-world examples, students will learn to develop effective strategies and solutions that promote resilience. This includes designing policies, programs, and interventions that foster social cohesion, economic stability, and environmental sustainability.





# Programme Outcomes

- **Apply Theoretical Knowledge to Practice**: The course will provide opportunities for students to apply their theoretical knowledge in practical settings. This could be through internships, community projects, or research initiatives focusing on enhancing rural resilience.
- **Evaluate the Impact of Interventions**: Students will acquire skills to evaluate the effectiveness of different interventions aimed at enhancing rural resilience. They will learn to use various assessment tools and methodologies to measure impact and performance.
- **Cultivate Leadership and Advocacy Skills**: As future leaders in their respective fields, students will cultivate leadership and advocacy skills. They will learn to mobilize resources, influence policy, and advocate for rural communities' needs and rights.
- **Foster an Ethical and Sustainable Perspective**: Throughout the course, students will be encouraged to approach rural resilience from an ethical and sustainable perspective. This includes understanding the importance of equitable resource distribution, respect for cultural diversity, and the sustainability of interventions.





# Module 1: RUDV 07001 Rural Resilience (10 ECTS)

The aim of this module is to provide learners with an introduction to the key concepts and models of rural resilience and to develop an understanding of the important role of multi-actor activism in responding to socio-economic and / or environmental challenges faced by rural areas. A specific emphasis will be placed on understanding the key models of rural resilience and their application within Ireland and selected European countries.





## Module 2: RUDV 07002 Rural Resilience in Practice (5 ECTS)

The application of knowledge, skills and competencies related to rural resilience can be facilitated through Work Based Learning (WBL). Gibbs and Garnett (2007: 411) define WBL as “a learning process which focuses university level critical thinking upon work (paid or unpaid), in order to facilitate the recognition, acquisition and application of individual and collective knowledge, skills and abilities, to achieve specific outcomes of significance to the learner, their work and the university.” This module aims to develop the learners' ability to apply and reflect on the knowledge, techniques and skill-sets associated with promoting resilient rural communities as part of their current paid employment and / or voluntary activity.





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# Write me an email

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